



Youth Activity Guide

Welcome to the Winter Edition. Take a Peak Now ►



~Welcome~

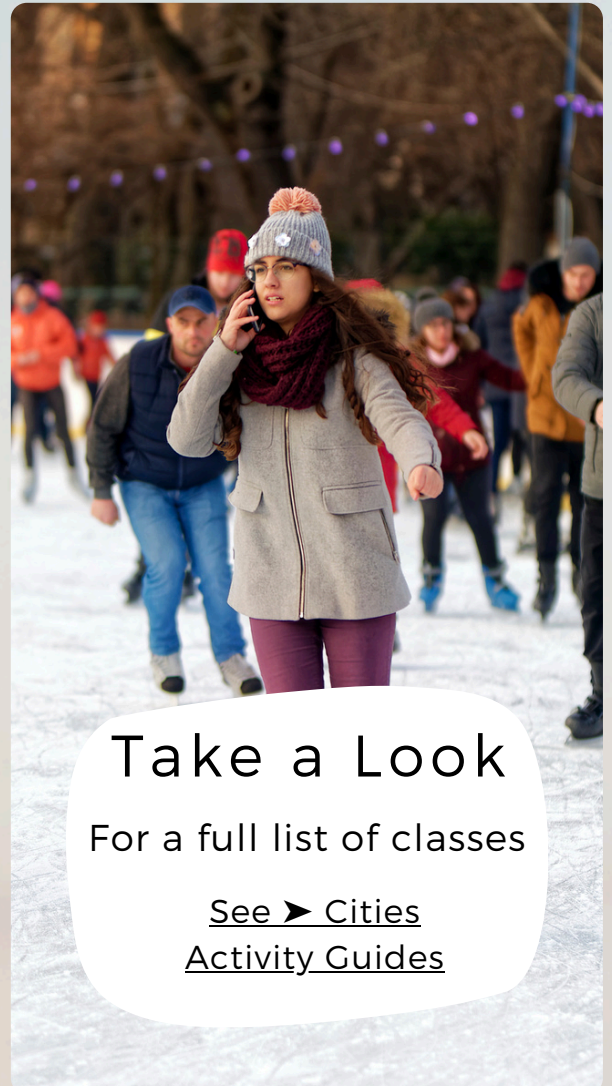
The Probation Department is committed to providing the youth of our communities with the best services and information about opportunities available to improve the overall quality of life here in San Joaquin County.

Take a Look ► January, February, & March

Purpose

The purpose of this guide is not to be exhaustive, rather, it provides our youth and their families with a general guide to some of the exciting activities, programs, and events going on throughout the cities in San Joaquin County. The goal is to showcase such activities that are either free or low cost. Please take a look and consider all that the various cities in San Joaquin County have to offer.

► Winter Edition 2024



Take a Look

For a full list of classes

[See ► Cities
Activity Guides](#)

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ACTIVITIES & GAMES

YOGA IN THE PARK

A gentle yoga practice. You can maintain a comfortable distance while enjoying nature & in-person connection. This peaceful practice encourages reflective, meditative, awareness, & to explore postures w/your breath.

Taught by Sarah Elena, an expert instructor w/15+ years of experience.

Lathrop's Valverde Amphitheater / Ages 16+ / Thursdays / 3:30-4:30pm / \$38

- 01/09/25 - 01/30/25
- 02/13/25 - 02/27/25
- 03/06/25 - 03/27/25
- 04/03/25 - 04/24/25



RROOAR SPHERO RVR, LITTLEBITS, & MICROBITS

Students will learn about engineering & computer science concepts through the world of the Sphero RVR, LittleBits, & MicroBits.

Students will learn how to operate a robot, program the robot to complete simple tasks, build circuits & use the robot to do hands on projects to solve real world problems.

Manteca TBD / Ages 8-14

- 01/11/25 - 03/01/25 / Saturdays / 12:30-1:30pm / \$199 or \$209 non-res



DRONE SOCCER

An aviation class for youth that provides a fantastic opportunity to introduce students to aviation, instill a passion for flying, have fun learning w/ friends, & impart essential life skills.

Stockton's Stribley CC / Ages 12-17 /

Saturdays / 9-12pm / \$25

02/08/25 - 03/15/25



KSB

SKATEBOARDING

KSB SKATE DOJO will be teaching the basics & fundamentals of skateboarding. Skateboarding is a great art form, one can gain confidence & be creative in a free flowing art format. Please bring your own skateboard, water, helmet, & safety pads.

Lathrop's GC Skatepark / Ages 5-17 / Tuesdays / 4-5:30pm / \$75

- 03/04/25 - 03/25/25
- 04/01/25 - 04/22/25



CHESS

Chess participants will learn the fundamentals of the game & work on improving their concentration & strategic thinking. Participants will also learn fast decision making skills to evaluate alternatives & learn multiple strategies.

Manteca Senior Center

- 02/03/25 - 03/31/25 / Ages 5-17 / Wednesdays / \$125 or \$135 non-res
 - Beginner / 5:05-5:50pm
 - Intermediate / 6:05-6:50pm

ARTS & CRAFTS

Lathrop

KAT'S PAINTING PARTY

Kat will guide you through this interactive instructional course. Canvas & paints will be provided to you to create & take home your masterpiece. *Children under 15 years may register w/accompanied registered adult.

Lathrop's Generations Center / Ages 5+ / 6:30-8pm / \$30

- 01/09/25 / Hello Kitty
- 02/13/25 / Couple's Painting
- 03/13/25 / Bridge
- 04/10/25 / Pink Flower



CARD CRAFT

Join us to craft personalized invitations, greeting cards, or family photos that will leave a lasting impression. Dive into a world of limitless possibilities, combining handcrafted & digital design methods. Bring your paper, pen, & your smart device of choice (tablet or laptop with charging cords) with Adobe Express installed with a free account. Join us for a fun-filled time of crafting, where you can make your very own special cards for the people you care about.

Lathrop's Generations Center / Ages 8-18 / 10-12pm / \$25

- 03/08/25 / Colors of Holi



CREATIVE DIGITAL STICKERMANIA DESIGN

Ignite your creativity in a dynamic sticker workshop! Engage in themed sticker creation using both traditional craft styles & digital design. Discover the intriguing history of stickers & master the art of making them yourself. Required materials include a fully charged smart device of your choice including a tablet, phone, or a laptop.

Lathrop's Generations Center / Ages 8-18 / 10-12pm / \$25

- 04/05/25



ARTS & CRAFTS

Manteca & Stockton



IMPROV FOR KIDS

Hosted by Manteca Poet Laureate, this program will teach students the basics of Improv! Kids will learn to trust their inner voice & practice active listening skills through fun activities & interactive games in a supportive environment.

Manteca Senior Center / Ages 8-13 / Mondays / 5:30-7pm / \$100 or \$65 non-res

- 01/06/25 - 01/27/25
- 02/03/25 - 02/24/25
- 03/03/25 - 03/24/25

Classes also available for ages 16+.

WRITE CLUB

Hosted by Manteca Poet Laureate. For those who wish to develop creative writing skills in the area of poetry, comedy, screenwriting/ play writing, & mixed media writing. Learn to publish your work. Create, practice, share your work in a supportive group across 4 classes.

Manteca Senior Center / Ages 16+ / Wednesdays / 5:30-7pm / \$55 or \$65 non-res

- 01/08/25 - 01/29/25
- 02/05/25 - 02/26/25
- 03/05/25 - 03/26/25

ART W/INGA

Kids will have fun painting & drawing by exploring techniques including shading, negative & positive space, texture, perspective, & working w/different media like pencils, watercolors, & tempera paints. Students will take home a finished project at the end of class.

Manteca Senior Center / Ages 6-13 / Wednesdays / 5-6pm / \$80 or \$90 non-res

- 01/08/25 - 01/29/25
- 02/05/25 - 02/26/25

PAINTING

Whether you are a beginner or advanced painter, this is fun for everyone. join us in finding your artistic ability in creating your won personal art piece. All supplies will be provided.

Stockton's Seifert CC / Ages 8+ / Thursdays / 5:30-7pm / \$16.50

- 01/23/25

HAGGIN MUSEUM

Visit the museum's permanent art & history exhibits or attend special events, such as family programs, lectures, & musical performances.

Stockton / Ages 10-17 \$5 / 1st Saturday of the month = FREE for all

- Attend 2nd Saturdays events, hands-on events for families w/kids ages 5-12 on the 2nd Saturday of every month
- Find more information about the Haggin [HERE](#).



SEWING

A class for all ages & skill levels.

Learn to cut fabric, measure, sew by hand & use a sewing machine while also learning sewing terminology. All supplies will be provided.

Stockton / Ages 8+ / Tuesdays / 5:30-7:30pm / \$22

- 01/21/25 / Seifert CC
- 01/28/25 / Stribley CC



ARTS & CRAFTS

Tracy

COLOR BLENDING W/PENCILS

This class is about creating a masterpiece of beautifully blended colors. W/the guided instructions, each student will learn to utilize their tools & imagination in a whole new light w/different techniques through a step-by-step course. The instructions will take each student through a journey where they will learn to increase their focus & find different methods to achieve success. Creativity is so important at all stages of life, & this is the perfect way to inspire & create beautiful & colorful masterpiece that will impress all who see art.

Tracy's Grand Theatre Ctr for the Arts / Tuesdays / 5-6pm / \$58 or \$63 non-res

Level I: Ages 6-13

- 01/14/25 - 02/04/25

Level II: Ages 8-15

- 02/11/25 - 03/04/25



ELEMENTARY DRAWING W/PASTELS

Students will benefit in many areas of their studies by learning this style of art, such as helping w/focus & discipline, attention for details, & basic problem-solving techniques. Drawing w/pastels is a wonderful experience for students as they learn & use their imagination, express creativity w/vibrant colors, & expand their skills. The instructor will spend time w/each student & provide a step-by-step learning process to achieve success, while learning in a fun environment.

Tracy's Grand Theatre Ctr for the Arts / Ages 6-14 / Thursdays / 5:15-6:15pm / \$58 or \$63 for non-res

- 01/16/25 - 02/06/25
- 02/13/25 - 03/06/25



ART W/MARKERS

This class is bright & colorful w/the use of markers & pens. The work involved requires more precision, leading to better refinement. The young artists will be learning w/more focus & structure. Problem solving must be addressed prior to their actual work, which helps teach planning technique. Thinking before one acts is very important in all areas of life, & this class can aid in the perspective outlook.

Tracy's Grand Theatre Ctr for the Arts / Thursdays / 4-5pm / \$58 or \$63 non-res

Level I: Ages 6-13

- 01/16/25 - 02/06/25

Level II: Ages 8-15

- 02/13/25 - 03/06/25



CERAMIC HAND BUILDING

This class will cover hand building techniques used to create functional pottery forms. The class will focus mostly on slab building techniques using GR Pottery Forms, textured rolling pins, & underglaze design. No previous experience needed. At the end of our session, you will have created trays, plates, vases, & more.

Tracy's Grand Theatre Ctr for the Arts / Ages 15+

- 01/17/25 - 02/28/25 / Fridays / 2-4:30pm / \$243 or \$262 non-res



ARTS & CRAFTS

Tracy

INTRO TO PAINTING WORKSHOP

In our Intro to Painting class we cover a wide variety of lesson plans that include still life, landscape, & portrait, food or cute creatures. The sky is the limit. No prior experience is required. We will hold your hand every step of the way. W/our step-by-step methods anyone can create a masterpiece. This class is the perfect balance between guided assistance necessary to learn, & creative freedom you crave your little one to have & make the art that is their own. We make the experience in the classroom fun. Come create in a judgment free atmosphere w/experienced Art coaches.

Tracy's Grand Theatre Ctr for the Arts / Ages 6-13 / Wednesdays / 4-5:30pm / \$120 or \$130 non-res

- 01/15/25 - 02/05/25
- 02/12/25 - 03/05/25



KNITTING FOR BEGINNERS

Always wanted to learn how to knit? Join us in this beginner's guide to knitting. Students will learn knitting fundamentals, with step-by-step tutorials for each knitting stitch and technique. Tracy's Grand Theatre Ctr for the Arts / Ages 13+ / Thursdays / 2-3pm / \$45 or \$49 non-res

- 01/16/25 - 02/06/25
- 02/13/25 - 03/06/25

TEXTURED ART

Students will create masterpieces using a texturing agent in creating. Students also utilize paints to help create landscape scenes. This class perfect for very creative minds who love to explore. An apron or old t-shirt is recommended as students may get messy. All supplies are provided.

Tracy's Grand Theatre Ctr for the Arts / Ages 7-15 / Tuesdays / 6-15-7:15pm / \$58 or \$63 non-res

- 01/14/25 - 02/04/25
- 02/11/25 - 03/04/25



DANCE

BATON

Baton is great for hand-eye coordination & builds self-esteem & team spirit. Students learn basic twirls & move on to more advanced twirls. Routines are taught to incorporate basic twirls w/footwork. All students have the opportunity to participate in parades & performances.

Manteca Senior Center / Ages 4-17

Beginner:

- Thursdays / \$25 or \$35 non-res
 - 01/09/25 - 01/30/25
 - 5:30-6pm or
 - 6-6:30pm
 - 02/06/25 - 02/27/25
 - 5:30-6pm or
 - 6-6:30pm
 - 03/06/25 - 04/03/25
 - 5:30-6pm or
 - 6-6:30pm



Intermediate:

- Thursdays / 6-7pm / \$35 or \$45 non-res
 - 01/09/25 - 01/30/25
 - 02/06/25 - 02/27/25
 - 03/06/25 - 04/03/25

BALLET

Various levels are taught, from beginning ballet, for young students or older students new to ballet, and continuing students.

Lodi / Ages 7-16 / Schedule Varies

- Ballet I
- Ballet II
- Ballet III
- Ballet IV
- Ballet V + Pre-Pointe



HULA/ TAHITIAN DANCE

Students will learn Hula & Tahitian dance movements & choreography in this class perfect for beginner & intermediate students. Dancers will learn to tell a story through their hands & body movements.

Students should wear a Pareo (wraparound skirt) to class each day. If you need to purchase one, please register for the ONE TIME uniform charge; this is a separate course code.

Tracy's Grand Theatre Ctr for the Arts /

01/16/25 - 02/20/25 / Thursdays / \$79 or \$86 non-res

Kids: Ages 5-11

- 5:45-6:25pm

Beginning/ Intermediate: Ages 12+

- 6:30-7:15pm

Advanced: Ages 12+

- 7:20-8:05pm



FOOTWORK & GRACE

This course is the beginners guide to Kuchipudi. Learn the history of Kuchipudi dance, basic steps, hand posture & body movements. Improve your focus, self-confidence & de-stress.

Lathrop's Community Center / Ages 5+ / Saturdays / 10-10:45am / \$60

- 01/04/25 - 01/25/25
- 02/01/25 - 02/22/25
- 03/01/25 - 03/29/25
- 04/05/25 - 04/26/25



BALLROOM

Students will learn basic steps, including technique, frame, follow/lead, and several patterns.

Lodi / Ages 11+

- East Coast Swing / \$94 or non-res \$102
 - 01/06/25 - 01/27/25
- Waltz / \$94 or non-res \$102
 - 02/03/25 - 02/24/25
- Rumba / \$123 or non-res \$139
 - 03/03/25 - 03/24/25
- Country Two Step / \$123 or non-res \$139
 - 04/07/25 - 04/28/25

BALLET FOLKLORICO

Ballet Folklorico Raices Mexicanas (Roots of Mexico) teaches Mexican heritage through traditional dancing. Students will learn basic steps each session including footwork, skirt work & choreography.

Tracy's Grand Theatre Ctr for the Arts / Ages 7+

01/14/25 - 02/18/25 / Tuesdays

Level I:

- 5:15-6pm / \$110 or \$120 non-res

Level II:

- 6-6:45pm / \$116 or \$127 non-res

Level III:

- 6:45-7pm / \$121 or \$132 non-res



DANCE EVENTS

Lodi & Manteca

FATHER DAUGHTER DANCE: BEAUTY & THE BEST DAD EVER

Fathers, Uncles, Grandfathers! Enjoy an evening w/your daughters, nieces, granddaughters to participate in games, dancing, treats, & photo opportunities! This FORMAL dance will be a princess/ Beauty & the Beast" theme!

Manteca Senior Center / Ages 1-17

- 02/22/25 / 6pm / \$25 per couple, \$8 per additional child



MOTHER SON DANCE: MY MOM IS THE SWEETEST

Mothers, Aunts, Grandmothers! Enjoy an evening w/your son, nephew, grandson to participate in games, dancing, treats, & photo opportunities! This FORMAL dance will be a colorful candy theme!

Manteca Senior Center / Ages 1-17

- 03/29/25 / 6pm / \$25 per couple, \$8 per additional child

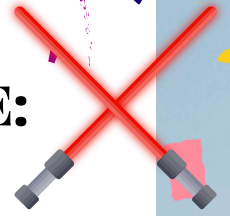


FAMILY DANCE: STAR WARS

Jedi's, Droids, & Rebels, join The Force in a Galaxy not-so far away for the Star Wars Family Dance! This exciting event offers a night full of fun for the whole family. Families can enjoy music & dancing, photo opportunities, refreshments, & more!

Manteca Senior Center / All Ages

- 01/25/25 / 6pm / \$10 per person



LYC DADDY DAUGHTER DANCE: BUCKLES & BOWS

Lodi Youth Commission will host their 1st Annual Daddy Daughter Dance, get dressed up & treat your date to a night of fun! We will offer light refreshments, photo booths, DJ Music, No outside food or drinks will be allowed. Doors will open at 6:45 pm

Lodi / Ages 4+

- 01/11/25 / 7-9:30pm / \$35 per couple, additional family member \$10 each
 - Tickets will be sold at the Hutchins St. Square Box Office & at the Park & Rec Office. For more information, please call Rachel at 209-400-1434.



LEADERSHIP & TRAINING

Lodi & Manteca

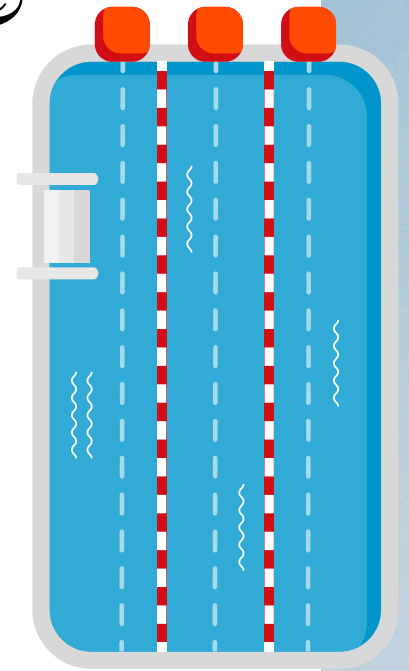


LIFEGUARD / FIRST AID / CPR / AED TRAINING

Students will receive an American Red Cross Lifeguard certificate upon successful completion of this class. Students will obtain the knowledge & skills through lecture, group discussion, video, & hands on practice to become a professional Lifeguard which includes water skills practice & training in CPR/AED & First Aid. NOTE: online module is required prior to attending in-person class.

Lodi's Tokay HS / \$270

- 03/17/25 - 03/29/25 / MTW 9am - 5pm
- 03/24/25 - 03/26/25 / MTW 9am - 5pm
- 04/04/25 - 04/06/25 / F 5-9pm, S&S 9am - 5pm
- 04/25/25 - 04/27/25 / F 5-9pm, S&S 9am - 5pm



MANTECA 2025 AQUATIC SNEAK PEAK

Be on the lookout for a variety of aquatic activities in Manteca including:

- February 2025: Lifeguard job openings at the Lincoln pool
- March 2025: Manteca Dolphins registration details
- Spring 2025: Lifeguard certification courses



MANTECA YOUTH ADVISORY COMMISSION (YAC)

This Commission is made-up of Manteca teens, 9th - 12th grade, who advise the City Council & the Recreation & Parks Commission on youth & teen related programs & issues. YAC also sponsors numerous events & programs each year. Meetings are held on the 3rd Thursday of the month at 6pm & are open to the public.

If you are interested in becoming a member of YAC or for more info on teen programs call their office at 209-456-8600.

DRIVER'S ED

This is an interactive, educational online course w/the latest in animation, video, & web technology. course instruction includes rules of the road, major causes of collisions, DMV procedures, freeway driving, alcohol & drugs, & much more. A licensed instructor is available by e-mail or phone to assist w/questions. Upon completion, students will receive a drivers ed. certificate of completion (O1237) which is needed to obtain a learner's permit and driver's license. Enrollment is ongoing.

Course is available on your schedule 24hrs a day, 7 days a week. \$50 res or \$60 non-res, visit [Manteca Activity Guide](#) for registration information.



LEADERSHIP & TRAINING

Stockton

WORKNET YOUTH PROGRAM

WorkNet supports youth & young adults aged 16 to 24 across San Joaquin County who encounter substantial barriers to succeeding in the labor market. Their aim is to provide resources & support to help them transition into self-sufficient adulthood.

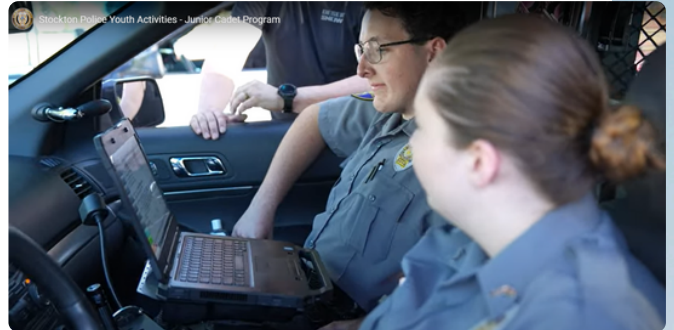
Services include:

- Career exploration
- Job readiness workshops
- Education and training guidance
- Job seeking services
- Paid work experience
- Call 209-468-3660 or click [HERE](#) for more information



EDD - YOUTH EMPLOYMENT OPPORTUNITY PROGRAM (YOEP)

The Youth Employment Opportunity Program (YEOP) helps at-risk youth between the ages of 15 & 25, achieve their educational & vocational goals through a variety of specialized services. YEOP specialists are peer advisors w/similar experiences who work w/youth as mentors & career coaches. They can provide referrals to supportive services, career coaching, employment preparation, & training. Visit the State of California's website [HERE](#) for more information.



STOCKTON POLICE JR. CADET PROGRAM

Over the past 40 years, Junior Cadets have worked w/sworn & non-sworn personnel at events such as National Night Out, Stockton Police K-9 Trials, San Joaquin County Fair, & a variety of parades & festivals. As Stockton PD embraces procedural justice, they strive to continue developing positive relationships w/the youth in our communities. This program helps young adults develop responsibility, trust, teamwork, & other leadership characteristics & possibly become future Police Officers.

Qualifications:

- Ages 14-17.5 at time of application
- Enrolled in HS w/ good attendance
- Maintain at least a 2.0 GPA
- Have no serious criminal history
- Complete a 40-hour Cadet Academy

Each applicant must also successfully complete a (no cost to applicant) background check. The cost of a cadet uniform (approximately \$100) is the responsibility of the applicant. For more information click [HERE](#).





SPORTS

Lathrop



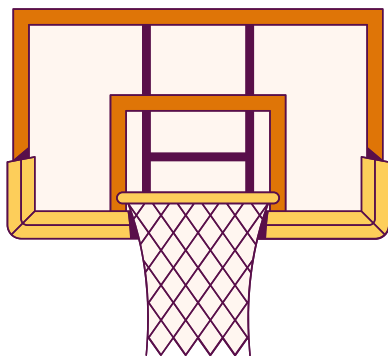
JR. NBA BASKETBALL

Join the City of Lathrop's Jr. NBA Co-Ed Youth Basketball League! Players will play an 8-game season & will receive an official reversible NBA Jersey. The Jr. NBA league is designed for all skill levels & focuses on skill development & teamwork.

Practice & Games: Teams will practice 1 x week for 1 hr after 5:00pm at the Lathrop Community Center - Scott Brooks Gymnasium or at Lathrop Elementary School. Practices are set to begin the week of January 6-January 10, w/the time & day determined by the Coach. Games will be held on Saturdays beginning January 18, 2025 & will end March 8, 2025.

Lathrop / Ages 11-13

- 01/06/25 - 03/08/25 / Mondays & Saturdays / \$135



YOUTH TENNIS TOURNAMENT TRAINING

Elevate your game! The Rally Masters program is designed for players ready to refine their skills. Focus on advanced stroke development, match strategy, and mental toughness. Build the foundation for tournament play and long-term tennis success.

Lathrop's Apolinar Sangalang Park / Saturdays / \$140

Ages 14-17 / 2:30-4pm

- 01/04/25 - 02/01/25
- 02/08/25 - 03/08/25
- 03/15/25 - 04/12/25

Ages 12-17/ 1-2:30pm

- 01/04/25 - 02/01/25
- 02/08/25 - 03/08/25
- 03/15/25 - 04/12/25



YOUTH VOLLEYBALL

Join the City of Lathrop's Youth Co-Ed Volleyball League. Players will play an eight-game season & will receive a jersey. This League is designed for all skill levels & focuses on skill development, sportsmanship, & teamwork. Practices begin the week of March 24-28 w/the day & time determined by the coach.

Lathrop's Scott Brooks Gym / Saturdays / \$140

- 04/05/25 - 05/31/25

FUTURE STARS JR. TENNIS

Have a ball learning basic tennis skills & techniques while improving coordination.

Lathrop's Park West Tennis Court / Ages 8-16 / \$60

Wednesdays / 5-6pm

- 03/05/25 - 03/26/25
- 04/02/25 - 04/30/25

Fridays / 5-6pm

- 03/07/25 - 03/28/25
- 04/04/25 - 04/25/25

Sundays / 10-11am

- 01/05/25 - 01/26/25
- 02/02/25 - 02/23/25



SPORTS

Lathrop, Lodi, & Ripon

INTERMEDIATE GYMNASTICS

Fun floor exercises for cheer, dance & martial arts. Students will work on basics to accomplish skills like a forward roll, cartwheel, etc. Students must be able to complete a back walk over in order to participate in this class.

Lathrop's Senior Center / Ages 6-17 / \$83 or \$110

Mondays / 5:30-6:40pm

- 01/06/25 - 01/27/25
- 02/03/25 - 02/24/25
- 03/03/25 - 03/31/25
- 04/07/25 - 04/28/25

Wednesdays / 5:30-6:40pm

- 01/08/25 - 01/29/25
- 02/05/25 - 02/26/25
- 03/05/25 - 03/26/25
- 04/02/25 - 04/30/25



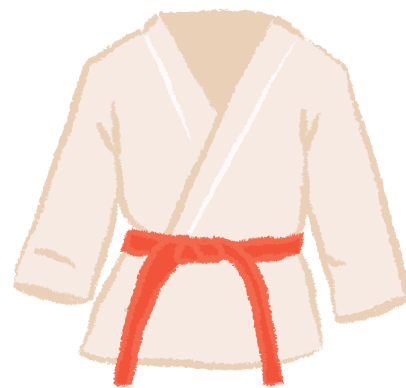
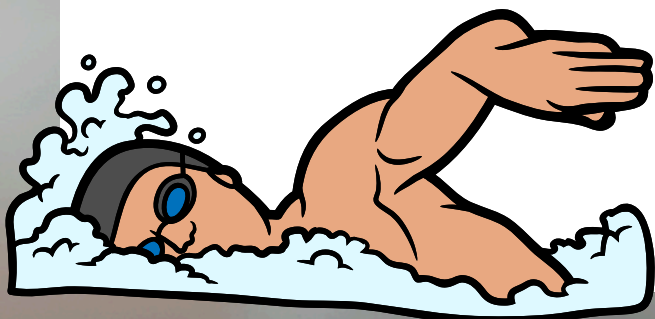
WINTER & SPRING SWIM LESSONS

Various levels of swim lessons available. Always consider your child's swimming skills when registering for a lesson. Instructors and Aquatics staff are happy to discuss & recommend the appropriate level for your swimmer. Please contact the Parks & Recreation office if you have any questions.

Lodi / Ages, pricing, and schedule vary, levels include:

- Level 1 Minnow
- Level 2 Seahorse
- Level 3 Jellyfish
- Level 4 Otter

Private lessons also available, register now!



YOUTH KARATE

Strengthen your body & mind, improve your concentration & coordination as you learn the art of Karate. We emphasize character development, self-control, anti-bullying, respect & discipline in a safe and fun environment. Techniques will be taught through various methods including demonstration & repeat back, games, pairing up & testing.

Lathrop's Scott Brooks Gym / Ages 9-15 /

Tuesdays & Thursdays / 6-7pm / \$90

- 01/07/25 - 01/30/25
- 02/04/25 - 02/27/25
- 03/04/25 - 03/27/25
- 04/01/25 - 04/29/25



ALPINE

CLIMBING | ADVENTURE | FITNESS

Climbers will learn the basics of bouldering & sport climbing (including how to top rope belay), & be able to quickly develop their climbing skills while building community & gaining confidence. Returning climbers will continue to develop their passion & skills for sport climbing & bouldering w/the help of our knowledgeable & passionate coaches.

Ripon / Ages 10-18 / 8 week commitment / Click [HERE](#) for more information

ASCENDERS - PEAK

SPORTS

Stockton & Manteca

JR. NBA YOUTH BASKETBALL

Leagues emphasize skill development, teamwork, & fun.

Stockton's Stribley CC / Ages 13-14

- 01/13/25 - 03/01/25 / Saturdays / 9-6pm / \$54

Team registration available for \$315 per team



PROGRAMS

STOCKTON YOUTH POLICE ACTIVITIES BOXING PROGRAM

The Stockton Police Youth Activities Boxing Program teaches youth between the ages of 8 and 18 the fundamentals of boxing, including discipline, teamwork, & mental preparation. The SPYA Boxing Club currently serves approximately 40 boys & girls w/in the city of Stockton. For more information including to apply, click [HERE](#).

The Jr. NBA is the premiere youth basketball league for boys & girls ages 5-14. Through practices & games, the program teaches players the fundamentals of basketball, good sportsmanship, & teamwork. All games are held on Saturdays in various Manteca school gyms. Each team will have at least 1 practice during the week & play 8 games. Practice days & times are TBD by volunteer coaches prior to the season start. Each participant will receive a Jr. NBA jersey.

Manteca TBD

- 01/11/25 - 03/01/25 / Saturdays / \$130 or \$140 non-res
 - Jr. NBA / Ages 13-14 or
 - Jr. WNBA / Ages 12-14



FOOTBALL

The NFL Flag Football League is the premiere youth flag football league for boys & girls ages 5-13. Through practices & games, the program teaches players the fundamentals of football, good sportsmanship, & teamwork. Games will be on Saturdays. Each team will have at least 1 practice during the week & play 8 games. Practice days & times are TBD by volunteer coaches prior to the season start. Each participant will receive a NFL Flag Football jersey, mouthpiece, & certificate of participation. Team announcements & game schedule will be emailed after registration closes. Manteca TBD / Saturdays / \$110 or \$120 non-res

- 01/11/25 - 03/01/25
 - Coed / Ages 8-10 or
 - Coed / Ages 11-13

TENNIS

Focus on modern stroke technology, rules, & strategy.

Manteca TBD / Tuesdays & Thursdays / \$85 or \$95 non-res

Beginner Aces: Ages 7-12 / 4:30-5:30pm

- 02/04/25 - 02/20/25
- 03/04/25 - 03/20/25

Junior Aces: Ages 12-18 / 5:30-6:30pm

- 02/04/25 - 02/20/25
- 03/04/25 - 03/20/25

STOCKTON JUDO CLUB



Founded in the 1920s and re-established in 1946, the Stockton Judo Club has produced numerous local, state, & national champions. It's the home dojo of two-time Olympian Tommy Martin, who represented the United States at the 1976 Montreal Olympic Games & was also on the 1980 Olympic team that was to have competed in Moscow. Stockton Judo Club is located in the McKinley Neighborhood Center at the corner of Ninth and California Streets in McKinley Park (424 E. Ninth Street). They offer affordable membership rates, & family discounts. Members of all ages are welcome. Competition is encouraged but is not required of members.

Stockton Judo Club offers self defense seminars to local community groups. Visit their website [HERE](#) for more information.

CITY ACTIVITY GUIDES

LATHROP

LODI

MANTECA

STOCKTON

TRACY

TEEN CENTERS



Come check out The Grind @ LGC! The center hosts gaming systems, music, pool, foosball, a ping pong table, a computer lab, movies, and weekly activities hosted by staff. It's a great place to connect with friends, work on homework, or grab a snack.

*While membership is free, a completed application with a parent signature is required. You can register online by [clicking here](#).



The One Eighty Teen Center is a place where teens can hang out & feel safe to be themselves. It's also a place to learn new skills like rock climbing, welding, job training, & gardening from our mentors. W/a snack bar & café, teens can also enjoy sharing a hot pizza or a specialty drink w/a friend. Teens can also enjoy playing ping pong, video games, basketball, & more. Most importantly, the Teen Center is a place where teens will feel love & support from our staff & will be empowered to succeed w/the help of our many resources. We strive to help youth make positive one-eighty degree changes 7 to help them thrive!

- 17 W. Lockeford St, Lodi, CA 95240
- Tuesday - Thursday / 3-6pm
- Fridays 3-6pm & 7-11pm
- Find out more by [clicking here](#).



BOYS & GIRLS CLUB

Clubs offer programs that are designed to be fun and engaging while building skills & confidence for a successful future. Clubs provide a safe, structured & positive environment for young people after school, during holidays and summer vacation. You can find a club near you by [clicking here](#).



The YMCA of San Joaquin County has been dedicated to serving the community since 1855. We are a "Y without walls" meaning we do not have a facility. We provide programs at over 40 programs sites throughout San Joaquin County. Our organization is governed by a volunteer Board of Directors. Over 700 volunteers & staff serve our YMCA & community as coaches, mentors, fundraisers, & tutors. Our vision is to be the program of choice for inspiring youth to reach their greatest potential.

Although our economy is going through tough times, the Y is here to help strengthen the foundation of our community. We are committed to reaching, serving & meeting our community's need. Find out more by [clicking here](#).

